



Knights of Columbus Blessed Sacrament Council 13240

KNIGHTLY NEWS

AUGUST 2024



August:
Immaculate Heart of Mary

Upcoming Events

- Aug 1 - Council Meeting
Rosary @ 6:30PM
Meeting @ 7PM
- Aug 8 – Assembly Meeting 7 PM
- Aug 12 – Birthday of Blessed
Michael McGivney
- Aug 13 – Feast Day of Blessed
Michael McGivney
- Aug 13 – Feast Day of Blessed
Michael McGivney
- Aug 18 & 19 – Knights' Food
Drive Weekend
- Aug 18 & 19 – Hospitality Weekend
hosted by the Knights
of Columbus

Do you own your own business?

Scan your business card and send it to
daveswathwood@gmail.com for
the newsletter Knights Business page.

August is our month!

- Blessed Michael McGivney was born in August.
- Blessed Michael McGivney's Feast day is in August.
- Memorial of Blessed Michael McGivney's death is in August

Catholic Appeal

Have you donated to Blessed Sacrament's Catholic Appeal? If you haven't yet, could you, as a Knight, make a donation? If you have already given, thank you. But we are still below our threshold. Could you give a little more? Even \$20 would help. Go to the Blessed Sacrament website and click on the link for the Catholic Appeal. Let us as Knights come to the aid and support our church as Knights have done throughout history.

Golden Ticket Raffle is Back! (Oct 2024)

We need donations of Florida Lottery Scratch off tickets. Bring them (or cash and we will buy them) to the Aug meeting or give them to an officer at Mass

Founding of the Knights of Columbus

From his own experience, Father Michael McGivney recognized the devastating effect on immigrant families of the father and wage earner's untimely death. Many Catholics were still struggling to assimilate into the American economy. On March 29, 1882, while an assistant pastor at Saint Mary's Church in New Haven, Connecticut, McGivney founded the Knights of Columbus, with a small group of parishioners, as a mutual aid society, to provide financial assistance, in the event of the men's deaths, to their widows and orphans. The organization developed as a fraternal society. McGivney was also known for his tireless work among his parishioners.

McGivney spent seven years at St. Mary's, then became pastor of St. Thomas Church in Thomaston in 1884. He died from pneumonia at the age of 38 in Thomaston on the eve of the Assumption in 1890.

The Knights of Columbus was among the first groups to recruit blood donors, with formal efforts dating to 1937 during the Great Depression.

By 2020, the order reached the 2 million member mark. During the 2022 fraternal year, the order donated \$185 million and 49 million man-hours to charity.



August in Your Catholic Church

Prayer for the month of August: Precious Blood Prayer

O God of infinite goodness and mercy, fill our hearts with a great confidence in our Most Holy Mother, whom we invoke under the title of the Immaculate Heart of Mary, and grant by us her most powerful intercession all the graces, spiritual and temporal, which we need.
Through Christ our Lord. Amen.

Monthly Intentions for August 2024.

Pray for: For Political Leaders

We pray that political leaders be at the service of their own people, working for integral human development and for the common good, especially caring for the poor and those who have lost their jobs.

Lecturer's Corner

By: Brother Pete Stauder

Proposed Florida Constitution Amendment

Fellow Knights --- We as Florida residents (Catholic and Non-Catholic) are facing a significant decision this November- not just the election- but a proposed change to our Florida Constitution.

I am addressing Voting Ballot Amendment #4- Limit Government interference in Abortion.

This Amendment will allow unrestricted abortion in our state. It consists of a very short paragraph, and it is very deceiving in what it says and does not say.

First, it states that No law shall prohibit, penalize, delay or restrict abortion before viability. Well, there is no stated definition of or time standard to determine viability.

Second, or to protect the health of the patient. Health is not defined- mental, physical, spiritual, dental pain, stress?

Third, as determined by her health care provider- not defined, dentist, abortion clinic person? Does not say medical doctor of any sort!

Fourth, it removes the current law for minors requiring parental consent and replaces it with parental notification. So, hey Dad and Mom I am going to have an abortion tomorrow, thought I'd let you know.

Please Vote NO on #4.

Diabetes Diagnosis: What to expect

Diabetes can feel like a monumental task to live with, but it doesn't have to be. Doctor M. Regina Castro, M.D., provides an overview of what you can expect when you are diagnosed with diabetes and how you can learn to live well with it. Here are some of the basic steps, such as:

- Talking with your doctor
- Meeting your diabetes care team
- Learning how to count your carbohydrates
- Getting advice for diabetes management
- Visiting with a Certified Diabetes Education Specialist
- Monitoring your blood sugar
- Learning to make better lifestyle choices
- Understanding how insulin works
- Learning how to manage it on your own

So, what can you expect after you're diagnosed with diabetes? Typically and regardless of a type of diabetes that you have, you will obviously see your doctor who will give you some advice. But generally speaking, there is a healthcare team of people that will help you manage your diabetes. You will very likely be referred to a nutritionist or dietitian to kind of help you make better choices in terms of diet, help you learn how to counter carbohydrates and just basically give you advice regarding diet.

For management of your diabetes you will also very importantly visit with the certified diabetes education specialist that we used to call the diabetes educator — and they are very important in them in helping you manage your diabetes. Depending on at what stage of your diabetes you're on, generally they will give you advice overall on how to monitor your sugar. That is a very, very important part of managing your diabetes in the long run. You want to know what's happening day to day. Teaching you how to check your blood sugars, helping you making a better lifestyle choices, understanding what the disease is and how to better manage it with as little disruption to your life as possible.

If you are in need of insulin, they are essential in helping you understand how insulin works — how to inject it, what to expect, how to monitor, how to adjust your doses of insulin — because the whole idea is not that your doctor sets a certain dose of insulin and you're going to be using the same bolus every day. The whole idea is that your diabetes educator will teach you how to do this on your own so you're empowered to make the changes that you need day to day to manage your diabetes.

Your doctor, if you have type 2 diabetes, will probably prescribe medications. The most commonly prescribed medication for type 2 diabetes is going to be metformin, and that's usually the first step. Sometimes metformin diet and exercise are not enough. And in those cases, other medications can be gradually added to your regimen.

The key thing to take from this is that there is a whole team of people that is there to help you manage your diabetes. It's your doctor. It's your diabetes educator. It's your dietitian. Everybody is there to help you succeed. You don't have to do it alone.

Hey Brother, Did you Know.....?

Vatican City has the highest crime rate in the world! With a population around 500 people and a little over one crime per day, the Vatican crime rate is above 100 percent, per capita. Although the fact is shocking it should be remembered that the Vatican is about one square mile in size and has nearly 20 million visitors annually. Most of the crimes are pickpockets, purse snatching, and other petty offenses done by outsiders.

The ONLY Christian church in existence for the first 1,000 years of Christian history was the Roman Catholic Church. All other Christian churches which exist today can trace their lineage back to the Roman Catholic Church. Most non-Catholic churches which exist today are less than a century or Johannes Gutenberg, the inventor of the printing press, was Catholic and the first book ever printed was the Catholic Bible.

The Catholic Church is entirely responsible for the composition of the Bible, which books are included, as well as the breakup of the chapters and verses. Protestants have removed some books of the Bible because some of the verses were inconsistent with their theology. Martin Luther was a prime offender in this regard, removing Tobit, Judith, 1 and 2 Maccabees, Wisdom, Sirach and Baruch. He also made an effort to remove James and Revelations, but this was rejected by his followers and those two books were kept. Catholics are often accused of "adding" the books, but de-spite this common belief, it is false. Older, pre-Protestant, Catholic translations of the Bible include them.

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Big Month for these Brothers



Which Saint said this?

"If we wish to serve God and love our neighbor well, we must manifest our joy in the service we render to Him and them. Let us open wide our hearts. It is joy which invites us. Press forward and fear nothing."

Saint Katharine Drexel

Vivat Jesus

Council 13240

Monthly Council Meetings are every first Thursday of the month at 7PM. We will pray the Rosary before the meeting starting at 6:30PM.

Assembly 3025 News

Monthly Meetings:
2nd Thursday of each Month at 7PM in the Adult Ministry Building, 1190 Desoto Street, Clermont FL

Want to become a 4th Degree Knight?

Talk to Steve Cruz or any of the 4th Degree Knights to take the next step.



Birthdays

John P Proteau 08-02
Claudio D Romani 08-03
Arthur S Javier 08-05
Richard J Schwartz 08-07
Frank A Thibeuau Jr 08-07
Dr Robert A Scalice 08-08
Steven Hatch 08-10
Philip J Schaub 08-11
Chester J Szarapski 08-11
Jack Moscato 08-15
Daniel J Raichel 08-15
John P Granucci 08-18
Wenifredo Jimenez Jr 08-19
Robert C Sullivan 08-22
Martin C Ugwu 08-22
Glenn E Koch 08-23
Joseph G Lobocono 08-24
Michael A Tomberg 08-24
Allen James Venezio 08-25
James M Drazenovich 08-26
Luca Del Verme 08-27
Enrico DiFinizio 08-28
Rev Mark R Wajda 08-30
Gregory F White 08-30

Spouse Birthdays

None on File

Anniversaries

Joseph and Cecelia Landon 56yrs
Michael and Jo Keller 53 yrs

Ordination Anniversaries

None

Years of Service Anniversaries

Charles W Dorman 33
Michael E Miller 27
Rev Pontian Kaweesa 20
Sebastian Sabina 20
Joseph R Large 14
Pasquale R Maiellano 12
John E Martin 5
David R Swathwood 3

**Knights Investment Corner****Fraternal Benefits**

I was watching television the other day and saw an advertisement with the theme “Shop Local.” The ad touted the many benefits of putting your dollars to work with businesses that are owned and operated by those folks who live and work right in your community. In addition to supporting the local neighborhood and community, the ad pointed to the personal service and the unique products one can find locally. Big box stores are great, they are convenient and provide goods at competitive prices. But many products are uniform; you can get the same thing at many other places. Their service is sometimes wanting; I can remember wandering in a big box retailer looking for help. However, when I shop at some of my favorite local spots, I always get a genuine greeting, personal help and the feeling that they really appreciate me being there and supporting them.

All this got me thinking about our local councils. The Order is doing great things in countries far and wide. We have big ideas, big plans...and they are important and have tremendous impact on making our world better. But on a local level you members are the face of the Knights of Columbus. When our local Catholic community thinks of the Knights of Columbus, I'm sure it is you members who come to mind. Our Catholic community sees all the good works you do locally. They see you volunteering to help at parish events, supporting your pastor in his needs. Local folks see you handing out coats for kids, holding fundraisers to help local families, taking the lead at sacramental events, visiting the homebound. For the Catholics in the council and in the parish—you, my Brother Knights...you, are the Knights of Columbus. You represent all that is good in our Order. When you lead with faith, protect your family, serve others and defend your values, you are a witness inspired by our founding principles.

Our recent Supreme Convention highlighted many of the accomplishments from the previous fraternal year. I think we can all be justly proud of the difference the Knights of Columbus makes in our community, our state, and our country. Thank you for all you do! I want to congratulate you on your contribution to the Order's success and especially for the impact you in this council have had on the local Catholic community!

Larry Kennedy-FICF MDRT
407-579-9888/Financial Advisor
Knights of Columbus
Lawrence.kennedy@kofc.org

Did you pay your Dues?

Brother Knight, this is a reminder that your dues for the 2024-2025 fraternal year are past due. It is through dues and fundraisers that the council was able to provide over \$10,000 in monetary and material support to our parish community last year. If you have already sent in your payment, Thank You. If not, please send your dues in as soon as possible. If you are having difficulty paying your dues, please contact the Grand Knight John Martin ((C) 407-733-3833 or email: brooklinboy62@gmail.com) or Financial Secretary Dave Swathwood ((C) 702-204-7708 or email: daveswathwood@gmail.com)

Are you a 1st or 2nd Degree Knight?

If you are a 1st or 2nd Degree Knight and want to be a 3rd Degree Knight, the staff is looking to hold an exemplification ceremony soon. Let the Grand Knight, Deputy Grand Knight or the Financial Secretary know you are interested!

Step back into the council..... step up to the 3rd degree..... and get involved in the upcoming year!



Council Officers

Grand Knight – John Martin
Deputy Grand Knight – Ralph Reuter
Chancellor – Karl Grabowski
Recorder – Elliot Ogden
Financial Secretary – Dave Swathwood
Treasurer – Greg White
Advocate - Rosario Sulsenti
Warden – John Proteau
Inside Guard – Chris DiPasquale
Outside Guard – Robert Sullivan
3 Year Trustee – Ed Smith
2 Year Trustee – Paul Kleponis
1 Year Trustee – TBD
Lecturer – Peter Stauder



Assembly Officers

Faithful Navigator – Steve Cruz
Faithful Captain – Don Barone
Faithful Pilot – Edward Smith
Faithful Comptroller – Dave Swathwood
Faithful Scribe – Dave Swathwood
Faithful Purser – Elliott Ogden
Faithful Admiral – Rosario Sulsenti
Inner Sentinel – Glenn Koch
Outer Sentinel – Robert Sullivan
3 year Trustee – Jim Batalitzky
2 Year Trustee – John Proteau
1 Year Trustee – Jack Moscato
Color Corps Cmdr – Gerald Sulsenti

Grand Knight Notes

Brother Knights,

Vivat Jesus!
John Martin
Grand Knight

Council Administration

Financial Secretary

Is there anything that needs to be changed in your membership information? New phone number, Email..? Let the financial secretary know.

The financial secretary is Dave Swathwood. Email: daveswathwood@gmail.com

Administrative issues

Do you know of a brother that is in need of assistance? Contact the Grand Knight so we can help our Brother Knights

Prayer Requests

- + Ralph's wife Cheryl (Health)
- + GK's daughter (Pregnancy)
- + Steve Cruz's wife Pat (Surgery)
- + John Proteau's sister Noel

Recently Passed Brothers

Thomas Murray

